

[Life in the Times of COVID-19: A Guide for Parents of Children with Disabilities](#) [1]

Parenting is never easy, but parenting during a pandemic poses entirely different challenges. To ease and help parents cope with these challenges, UNESCO New Delhi and the UNESCO Chair in Community Management of Disabilities (University of Calicut) are proud to launch a booklet for parents and caregivers of children with disabilities, entitled Life in the Times of COVID-19: A Guide for Parents of Children with Disabilities. The guide explains and illustrates the different aspects that a parent/caregiver must take into account while taking care of children with disabilities. It also addresses the need to maintain the mental health of such parents/caregivers and their various duties and responsibilities, during these unusual times.

[En savoir plus \(Unesco\)](#) [2]

[Télécharger le guide \(.pdf, 750 Ko\)](#) [3]

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[1] <https://inshea.fr/fr/content/life-in-the-times-of-covid-19-a-guide-for-parents-of-children-with-disabilities>

[2] <https://en.unesco.org/news/another-covid-19-front-line-parents-children-disabilities>

[3] https://en.unesco.org/sites/default/files/final_parents_guide_covid_19_fn.pdf